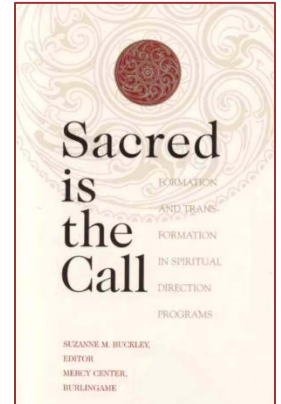


January

Topic Area: Life Stages and Stages of Spiritual Development

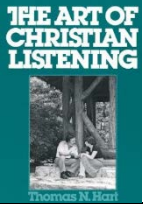
Required Read Chapter 9: “James Fowler, Maturing in Faith/Stages in the Adult Spiritual Journey” (pages 93-100) from ***Sacred is the Call Formation and Transformation in Spiritual Direction Programs***, by Suzanne M. Buckley, editor.



Additional Required Reading/ Resources			
Title/Link	Source/Author	Synopsis	Special note
Mid-Life Spirituality	Janice Brewi and Anne Brennan	The authors explains the psychology and spirituality of mid-life; real life examples	
Directions in the Various Stages of Spiritual Development	Rose Page, O.C.D.	8 stages of spiritual development are identified and connected to the process of spiritual direction.	Attend to the section titled: The Process of Spiritual Direction
The Real and Ripened Heart: Towards a Spirituality of Midlife	David White; Presence	Spiritual Direction and aging	Or access through the SDI Presence Digital archive; search by title or author (requires login)
Don't miss the second half: An Interview Richard Rohr	U.S. Catholic, August 2005 pp. 24-28	Rohr explains the characteristics and experiences from the first half of life to the second half of life .	Or access the article from US Catholic website; Or Listen on YouTube
Opening to Love: A Paradigm for Growth in Relationship with God	Breige O'Hare; Presence		Or access through the SDI Presence Digital archive; search by title or author (requires login)
My Adult Life Worksheet		Consider and write your personal events and experiences using the age timeline.	Please complete the worksheet

Group Spiritual Direction	2000 Shalem Institute for Spiritual Formation 5430 Grosvenor Lane Bethesda, MD 20814		We will begin learning/practicing groups supervision
---	--	--	--

Supplementary Readings			
Title/Link	Source/Author	Synopsis	Special note
How God Invites us to Grow	Rev. Richard J. Sweeney	Explains two different views of faith and faith development	
Changing Life Patterns: Adult Development in Spiritual Direction – Chapter 4	Elizabeth Liebert	Looks at the process of spiritual direction through contemporary research on understanding of adult development and the predictable crises of transitions.	Emphasizes the practice of SD in adult development.
Faith Development Stages	James Fowler	Characteristics of one's faith from 21-35+ years	Options <ul style="list-style-type: none"> • Fowler's Stages of Development Simplest Explanation (YouTube) • James Fowler: Faith Development (YouTube) • The Stages of Faith (online article)
Adult Development	University of Wyoming	Overview/List of Adult Life Cycle	
Stages of Spiritual Development	Barbara Herbert; Theosophy	A brief explanation of Fowler's stages of life.	

Ch. 4; Growth in the Christian Life (pages 36-46)	The Art of Christian Living by Thomas Hart		
Map of My Life	Joyce Rupp; Dear Heart Come Home		Poem
Prayer for the Aged	Sr. Moya Hanlen		Poem
Growing in Age and Grace Extended Bibliography			

Other Materials:
Personal Journal Reflection Questions
Guidelines for March Book Report

Spiritual Direction Groups (to be assigned)