

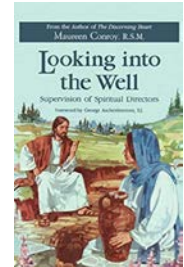
## February

### Topic Area: Special Situations in Spiritual Direction & Group Spiritual Direction (GSD)

#### Required Readings:

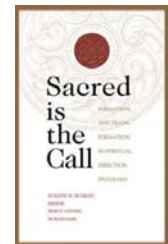
**Looking into the Well** by Maureen Conroy

- Chapter 7: “Overwhelmed by a Directee’s Depression: A Peer Group Case Study” - pages 107-102
- Learning Experience # 4 - pages 185-187



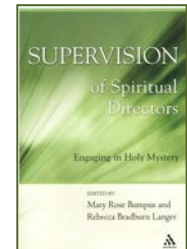
**Sacred is the Call** by Suzanne Buckley

- Chapter 8 : “Listening to the Soul’s Story, Psychology in Spiritual Direction Programs” – pages 80-92



**Supervision of Spiritual Directors** by Mary Rose Bumpus, Rebecca Bradburn Langer

- Chapter 6: “The Given and the Gift: Sexuality and God’s Eros in Spiritual Direction and Supervision - pages 88-103
- Chapter 7: “Preventing Common Quagmires with Ethical Forethought” – pages 105-122
- Chapter 10: Regarding the Spiritual Direction of Disabled Persons” – Pages 165-178



### Additional Required Reading/ Resources

#### Special Situations in Spiritual Direction

Title/Link	Source/Author	Synopsis	Special note
<a href="#">Occasions for Referrals</a>	Audire Team	Websites and numbers for special situations	We will be adding websites to each area researched
<a href="#">SD and Counseling</a>	-----	Similarities and Differences between SD and Counseling	
<a href="#">Art of Confrontation in Spiritual Direction</a>	Barbara Sheehan , SP	Using confrontation with wisdom to name inconsistencies, smoke screens, etc.	

## Supplementary Reading/ Resources

### Special Situations in Spiritual Direction

<a href="#">Spiritual Direction and Twelve Step Sponsorship</a>	Paula A. Ferris Presence Journal	The author explains how to help directees in 12 step programs and steer clear of addiction counseling.	
<a href="#">Healing of Lost Futures: The Spiritual Accompaniment of Survivors of Suicide</a>	Andrew Walker Presence Journal	The author explores how to support survivors of suicide.	
<a href="#">What you Can do if you Encounter Possible Warning signs of Suicide</a>	Adapted from American Association of Suicidology and Suicide Awareness Voices of Education (SAVE)	Brief steps if you encounter possible warning signs of suicide.	
<a href="#">Service Agency Referrals</a>	Compiled	Compiled list of agency that support special situations	

## Supplementary Readings Resources

### Group Spiritual Direction

Title/Link	Source/Author	Synopsis	Special note
<a href="#">Group Spiritual Direction Covenant and Formats</a>	Mary Rose Bumpus	Agreements for those participating in group spiritual direction; 1 present and 3 presenter format for GSD	
<a href="#">Group Spiritual Direction: Prayerful Listening for Life</a>	Ann Grizzle	Shalem Program paper on a group spirit experience.	
<b>Supplementary</b>			
<a href="#">Group Direction Notes from Shalem</a>	Rose Mary Dougherty Shalem Institute	The process of Group Spiritual Direction is explained.	
<a href="#">What happens in Group Spiritual Direction</a>	Alice Fryling; Smallgroups.com article	Author briefly describes leadership, essentials, models, and fruits of GSD	
<a href="#">GSD Promo YouTube(4:53)</a>	Sid Niemeyer; Pastor Valley Community Church; Pleasanton, CA	Pastor explains group spiritual direction; 2 congregants share their experience.	YouTube Video- from 4:10 -4:53 pastor tells of upcoming SDG so you can pause at that point

**Other Materials:**

[February Personal Reflection Question](#)

[Guidelines for Integration Paper Due in May](#)

**Spiritual Direction Groups (to be assigned)**