

AUDIRE ♦ YEAR 1

REFLECTION QUESTIONS FOR OCTOBER SESSION

Reflect and journal on the following questions that pertain to the October session. Please journal on a piece of notebook paper that can be turned in during December's class session.

- What was my experience of the morning session on “Theology and Spiritual Direction”? How would I describe the theology which forms and informs my own sense of God?
- What emotions, thoughts, and/or concerns was I aware of during the presentations?
- Reflect on the image of God that impacted you positively and on the image that had a negative impact on you.
- What did I notice about my experience of the small group sharing this month compared with last month?
- How did today's session on Interpersonal Style challenge or confirm my sense of self? What qualities in myself do I believe will enable me to minister as a spiritual director? What personal qualities might I desire to reshape in order for me to grow as a spiritual director? What might my challenges be with regard to this arena?