

AUDIRE YEAR 1 ♦ DECEMBER

**December Topic Areas: Family Systems
Addictions/CoDependency**

Skills Presentation: Self Awareness

Readings Assigned for Discussion:

Text William Barry and William Connolly, *The Practice of Spiritual Direction*
(New York: HarperSanFrancisco)

Chapter 3 "The Relationship Between God and Individuals"
(pages 31 – 45)

Chapter 9 "The Basis for the Relationship Between Director
And Directee" (pages 135 – 154)

Articles Margaret Bullitt-Jonas, "Spiritual Direction for Adult Children of
Alcoholics", *Human Development* 12, no. 1 (Spring 1991), p. 5-10

Peter McCall, "Healing of Adult Children," *House of Peace*, 1991: p. 6-7

Richard Rohr, "An Amazing Gift of the Spirit," *Radical Grace*
March-April 1990: p. 12-13

Sharon Wegscheider-Cruse: "The Anatomy of a Family,"
Choicemaking (Health Communications, Deerfield Beach, FL): p. 43-57

Robert Subby, M.A. & John Friel, Ph.D., "Co-Dependency and Family Rules", pp. 1-9